

2024



BYLAWS

&

RULEBOOK

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United Youth Football of Alabama By-Laws

- A. The name of the league shall be United Youth Football of Alabama. (UYFA)
Established Jan 7, 2018.
- B. The articles contained in this document establish guidelines for managing the business operations and financial resources of UYFA and the rules governing the members.
- C. These Bylaws will outline the organizational structure, goals, objectives and basic requirements of UYFA along with rules of play.
- D. This league shall have the power to make and enforce rules and regulations to govern itself, and the UYFA reserves the right to overrule any attempt to circumvent the intention of these Bylaws, through semantics or any alternative interpretation of the written word of these Bylaws.
- E. Members consist of: McAdory, Hueytown, Fultondale, Crestwood, Park West, Wylam, and Irondale.

Purpose:

To provide separate youth football Associations a governing body to organize play between the separate groups.

1. Organization and Membership

- A. UYFA is an organization of separate Associations each with the same goals for youth football and cheerleading.
- B. All UYFA Associations will be designated as either a Probationary Association or a Permanent Association. All newly admitted Associations are designated as Probationary until they have completed at least one (1) season with UYFA, met all UYFA requirements, and been approved for Permanent Association status.
- C. Each Association is responsible for its own organization. Mandatory security at all home games must be provided by Birmingham Police Department, Jefferson

County Sheriff's Department, or the local police that has jurisdiction over your respective area.

- D. For an Association to keep permanent or probationary status, all dues must be paid by June 1.
- E. Associations requesting admission to UYFA must apply on or before March 1st and be accepted on or before June 1st of the year they wish to be admitted being eligible to participate in the year they wish to be admitted being eligible to participate in the upcoming season. Membership requires all Associations to adhere to the UYFA bylaws and make timely payment of all league fees.
- F. Permanent Associations may be re-designated as Probationary Associations or removed entirely from UYFA membership by a vote of the UYFA eligible voters for reasons seen fit.
- G. Any teams or organizations not abiding by the rules set forth by UYFA will be removed by a majority vote of the UYFA Board of Directors.
- H. A majority vote by member Associations will be required to re-enter UYFA after an Association pulls out. An Association that exits UYFA will be designated a Probationary Association for the current and following season.
- I. Parks must attend 75% of league meetings, work UYFA Championship Games, and weigh- in to receive profit sharing.
- J. Championship host was drawn. The order is set in rotation one (1) - seven (7). Any association voted in will become number (#) eight (8) and so on. All Championship games must be held at a high school stadium. The drawn order is as follows:
 - 1. Hueytown
 - 2. McAdory
 - 3. Fultondale
 - 4. Park West
 - 5. Crestwood
 - 6. Wylam
 - 7. Irondale

2. Board of Directors

A. UYFA will consist of a Board of Directors (BOD) made up of one (1) member from each UYFA Association and an Executive Board (EB) comprised of the UYFA elected officers.

i. Executive Board

1. President

- a. The President shall preside at all meetings of the league and carry out policies set by the board, appoint all committees and supervise their activities.
- b. See that the league adheres to the rules, regulations, and policies of UYFA.
- c. Supervise and assist with, if necessary, the duties of all other UYFA Executive Board Officers.

2. Vice President

- a. Assume the additional responsibilities of the President in his/her absence from any UYFA meeting
- b. Shall carry out assignments of duties as delegated by the president.
- c. May assign duties, to be performed during an absence, to another member of the Executive Board.

3. Secretary

- a. Record, maintain and disseminate (in a timely manner) minutes of all UYFA regular and special meetings.

- b. Maintain and disseminate an up-to-date contact list for all UYFA members and officers.
- c. Coordinate maintenance of the UYFA media keeping all information accurate and current.
- d. Compile all approved changes to the UYFA Bylaws and forward all to the President or Vice President for updating of documents.
- e. Coordinate and communicate all final, approved versions of UYFA Bylaws, forms, documents and schedules to all UYFA members and to the UYFA media as applicable.
- f. Assume the additional responsibilities of the BOD.

4. Treasurer

- g. Manage banking account for UYFA.
- h. Present the UYFA financial report and status at each regular board meeting.
- i. Ensure that all UYFA bills are paid and revenues collected in a timely manner.
- j. Maintain all UYFA insurance policies.
- k. Assume the additional responsibilities of the BOD.

4. Weigh in / Championship Coordinator

- a. Schedule and manage weigh-in.
- b. Prepare and distribute roster books to all Associations.
- c. Assume the additional responsibilities of the BOD.
- d. Host championship game

B. The BOD shall be the governing body to the league and may rule on all matters not specifically covered by these by-laws.

C. The BOD shall have the authority to designate and delegate necessary authority to the officers of the organization to accomplish the goals and purposes of the league.

3. **Meetings & Voting**

A. Meetings

- i. UYFA will meet monthly throughout the year.

- ii. Regularly scheduled meetings will be held at a time and location to be determined by the Executive Board.
- iii. Timely and sufficient reminders of all meetings will be sent to all UYFA Associations and Officers.
- iv. Meetings may be cancelled or rescheduled by the UYFA Executive Board.
- v. During regular season play, UYFA will meet every Sunday.
- vi. Designated week one (1) of January as closing week for the previous season along with nominations for new officers.
- vii. Designated week two (2) of January as voting of new officers.

B. Voting

- i. Only Permanent members shall vote in meetings, Probationary members shall not vote.
- ii. No rule or bylaw will be voted or changed without prior notification of all Permanent member associations.
- iii. Any matter for voting shall be discussed, tabled and voted at the next regular scheduled meeting.
- iv. A two-thirds majority vote of Permanent members will be required to change a rule already in effect.
- v. These bylaws may be amended, supplemented, or modified by a two-thirds majority vote of Permanent members.
- vi. All recommendations for bylaw or rules changes must be submitted by March 1.
- vii. No bylaw or rule may be changed after June 1.

- viii. Any member may give their proxy on any voting issue to any other member in writing before any vote. Written proxies also include Email and Text messages to all Executive Board Members. A Proxy must be obtained for each specific issue to be voted upon at a specific meeting and will be confirmed by the Executive Board prior to any vote.
- ix. Proxy voting must be received 24 hours before the meeting start time.
- x. Association Presidents may appoint another member of that Association's Board of Directors to represent their Association at any UYFA scheduled meeting.
- xi. Bylaws or rules will be effective immediately after being approved by proper voting procedure.
- xii. No quorum will be necessary for any vote to take place at any Regular Scheduled UYFA Board meeting. All issues require a simple majority of those members present at the meeting plus all certified proxies.

4. **Finances**

- A. All financial records shall be kept by, but not limited to, the treasurer.
- B. Association fees to cover all expenses shall be \$800.00 per year, due on or before June 1.
- C. Gate admission will be decided by the BOD and will be the same league wide.
 - i. Regular season fee
 - 1. Ages 0-5: Free
 - 2. Ages 6-12: \$5.00
 - 3. Ages 13 & up: \$10.00
 - ii. Playoff and championship gate fee
 - 1. Ages 0-5: Free

2. Ages 6-12: \$5.00
3. Ages 13 & up: \$10.00

*Championship gate 6-12: \$5.00/ 13 & up: \$10.00

- D. Home teams will keep all concessions and gate during the regular season games.
- E. Home team is responsible for compensation of officials.
- F. Each hosting team will pay one-third (1/3) of gate receipts from playoff, and championship games to assist with all cost. These fees also assist in any administrative supplies (registration or otherwise).
- G. The one-third (1/3) payment shall come after compensation of officials and security.

5. **Insurance**

- A. UYFA will provide excess medical and liability insurance coverage for all participants.

6. **Player & Team**

A. Registration

- I. Participants may be both males and females, between the ages of 4 to 12 years, old based upon age on July 1 of the current season.
- II. Each association is required to provide the original birth certificate and signed Parental Consent Form on each player registering to play in UYFA on the day of registration/weigh-in.

- iii. All birth certificates are to be approved by the Board of Directors and/or two (2) of its members.
- iv. If a birth certificate is not available for a player, for any reason, notarized legal documents are required. The board of directors must be informed of this before weigh-in for review.
- v. There is no weight limit on participants, only positional restrictions.

B. Weigh-in

- i Weight per class-
 - 1. 75#-75.9 pounds
 - 2. 90#-90.9 pounds (If applicable)
 - 3. 125#-125.9 pounds
 - 4. 145#-145.9 pounds
 - 5. All players over the designated weight of their participating class will be classified as overweight.
 - 6. All overweight players will be considered "DOT" players which will be signified by a four (4) inch dot placed on the back of the helmet.
 - 7. 9. Once a participant goes across the scales, there will be no more attempts to reweigh allowed.
- ii Championship host will also host weigh-in, unless the board votes to change weigh in location.

iii. A player cannot be rostered on two (2) teams during the same year.
Including; but not limited to; same park, other park, and school affiliation.

iv. Players can move up with approval of the BOD.

v. No player may move down a weight class after registration.

vi. No player can change uniform numbers unless approved by the Board of Directors. Exceptions to this rule include complications in acquisition of jersey, but still must be made aware to the Board. When numbers are changed, the registration record must also be changed to reflect said change. Two (2) Board members must then sign off on change in the registration books and must not be affiliated with the affected association.

vii. No player may resign from one roster to join another without approval from the BOD. This includes but is not limited to: same or different associations, leagues, parks etc.

viii. If registration credentials are not in order at the weigh-in the Head Coach will be fined 100.00 payable to league the Sunday after the first game. Each game will count as a forfeit until a fine is paid. **Suspension of Head Coach was removed from this rule.**

C. Late weigh-in

i Rosters are locked after the first weigh-in. All late weigh-in players must be listed on the original roster unless the roster has been granted approval by the BOD.

ii All late weigh-in players will have five (5) pounds added to their weight as a penalty of late weigh in.

- iii All late weigh-in players will have a \$25.00 fee.
- iv Once late weigh-ins are completed, players can not be added for any reason.

D. Roster Books and Check-in Cards

- i Each association will be given a book that will include copies of all rosters, birth certificates, and pictures.
- ii Each association is responsible for their own book.
- iii Each book will have individual pictures of each rostered Player. OR Each association will be granted access to an online registry of each player legally weighed and rostered to play.
- iv Each association will be given Check in cards. The following information must be present on each card:
 1. Clear photo of the player
 2. Date of birth
 3. Pound and dot (if applicable)
 4. UYFA Stamp

E. Teams

- i UYFA is set in a four weight class format (75#,105#,125#,145#)
- ii UYFA will mandate parks discretion to split a weight class if that roster has 45 or more registrants. 44 kids and under would not be required to split. If a weight class splits, they will be allowed to rejoin as one team if the roster does not exceed 44 prior to the preparation of the 1st game scheduled.

- v. If a weight class is split, the association can split to the style of their choosing, either by age or by draft.
1. Age- the said weight class would be split according to age. For example, the 95# weight class is a combination of the seven (7) and eight (8) year olds. To split by age would be to divide that weight class into a 7 year old team and an 8 year old team.
 2. Draft- the said weight class would be split evenly by drafting players of both ages for the said class. For example, the 95# weight class is a combination of the seven (7) and eight (8) year olds. To draft the coaches would select an 8 year old in the first round, followed by a 7 year old in the second round.
 3. If splitting by age, a 7 year old may not play with the 8 year old team; and neither may an 8 year old play on the 7 year old team. No exceptions.
 4. If splitting by draft, rosters must be drafted evenly and fairly; and have an equal number of each age group associated with the weight class being split. Rosters may be uneven due to an odd number of participants. "Stacking" a team is prohibited.
 5. UYFA reserves the right to overturn any Draft if there is compelling evidence the directors and/or coaches of an Association conspired to create a "stacked" team at the expense of the other team(s) of that Association.

7. Equipment & Uniforms

A. Equipment

- i. All players must wear equipment that meets or exceeds qualifications set forth by Alabama High School Athletic Association (AHSAA).

- ii. Standard equipment includes: helmet with chin strap, shoulder pads, hip pads, coccyx pad (butt pad), thigh pads, knee pads, mouth piece
- iii. Any additional equipment may be used with approval of the participants association. Visors, back pads, rib protectors, etc.
- iv. Color visors may be worn with parent signature on UYFA liability waiver.
- v. The BOD may intervene if they find alternative equipment not suitable for use.

B. Uniforms

- i. Each player is required to wear a uniform or jersey that displays or represents a player number on the front and back.
- ii. The numbers on the jersey must be visible to the officials.
- iii. No two uniforms or jersey shall have the same player number.
- iv. All uniforms must be tucked in at all times.

8. Coaches/Sideline/Personnel

- A. All coaches must be certified each year as well as submit to and pass a background check through their Association.
- B. Six (6) coaches are allowed on each sideline. One (1) head coach and Five (5) assistant coaches.
- C. Gate passes will be issued to all coaches to include a photo and age group coached. Coaches must have this pass in order to enter games without paying.

- D. Athletic trainer or Team mom will be allowed on the sideline. They must have alternate-colored shirts from the coaches i.e. ***This Person Is Not A Coach***
- E. Park representatives have the right, whether home or away, to be on the sideline with their associations teams. This meaning the single person in charge of their association. This does not mean any association board member.
- F. Head coaches/Home teams are responsible for chain crews. Visiting team may provide if home team agrees. CHAINS WILL BE LOCATED ON THE OPPOSITE SIDE OF THE PRESS BOX. AHSAA RULE.
- G. Two (2) coaches on the field with 75# team.
- H. One (1) coach on the field with 105# team. This is optional.
- I. The head coach is responsible for his sideline. This includes the fans.
- J. Verbal/physical abuse on the sidelines will result in an automatic suspension of that game and the following game, and to be reviewed by the Executive Board.
- K. Any coach who knowingly plays an illegal player or players will be banned from coaching and forfeiture of all games that illegal players participated in and is subject to possible association expulsion from the league.
- L. No electronic or other communications devices shall be allowed on either sideline for any purpose. These shall include, but are not limited to, 2-way radios, walkie-talkies, cell phones or any other such device intended for or capable of transmissions or communications from one point to another.
- M. Associations must present a coach's list before the day of the game. Coaches will be checked off as they enter. If they are not on the list, they will be required to pay and will not be allowed on the sideline.

9. **Practice & Games**

A. Practice

- i. Official practice starts the first Monday after the 4th of July of the current year.
 1. Footballs may be used all year round.
 2. No equipment except helmets are allowed.
- ii. Full contact practice starts the last full week of July of the current year.
- iii. Conditioning, without the use of equipment is allowed any time during the year.

B. Games

- i. Home team is responsible for calling rain outs.
- ii. If a team does not show for a game, they will be responsible for the cost of officials for that game and a fine of \$250. The BOD will decide if there is just cause for additional fine to be removed.
- iii. If a team forfeits a game, for any reason, that team will be responsible for paying the officials. Any additional fines would set forth by the BOD.
- iv. Check-in is to be conducted 15 minutes prior to the start of the 75lb game and the fourth quarter for each of the following games. A player may check-in late at the quarter break up until halftime. If a player who was not checked in play the head coach will face; ejection, forfeiture of the game and a 1 game suspension.
- iv. Teams not ready to play 15 minutes after scheduled time will forfeit unless an agreement can be reached by both parks and referees.

- v. If a previous game ends early, no team can be forced to start participation in their game until the designated time.
- vi. If there is a thirty-two (32) point spread in a game after halftime a hot clock will start. There will be no reversals once this decision is made.
- vii. Game times for regular season will be: 9:00-10:30-12:00-1:30. And will run in order of 75lb-105lb-125lb-145lb.
- viii. All games will have 8 minute quarters.
- ix. All games will have 8 minute halftimes.
- x. Overtime
 - 1. Possession of the ball will be handled in a snaking style (team who has offense first for the first OT session will be on defense first for the second).
 - 2. The team winning the coin flip has choice of offense or defense first.
 - 3. The ball will be placed on the 20 yard line; each team will get a possession (a first down can be achieved at the 10 yard line). If the score is still tied after 2 overtime possessions, the ball will be placed on the 10 yard line. If the score is still tied after another 2 possessions, then the ball will be moved to the 5 yard line. The game will continue from there until there is a winner.

C. Playoffs

- i. Playoff highest seed is home team.
- ii. Game times for 1st and 2nd rounds will be: 9:00-10:30-12:00-1:30. And will run in order of 75lb-105lb-125lb-145lb.

- iii. Game times for the Championship games will be: 9:00-11:00-1:00-3:00. And will run in order of 75lb-105lb-125lb-145lb.
- iv. If subsidiary weight classes are in effect for that year, game times will be subject to change.

10. Rules

- A. The rules set forth, are rules developed by the BOD.
- B. The rules have been agreed upon by all parties, and any dispute of these rules should be brought before the BOD.
- C. The officials, association representatives, and head coaches have copies of these rules.
- D. The head coach shall be the ONLY coach to speak to any official; this should be controlled by the head coach. Assistant coaches are not allowed on the playing field during a conference with the officials.
- E. An official conference shall consist of both commissioners and the head official.
- F. If an official does not abide by these rules during the game, the proper procedure to contest the rule should go as:
 - 1. Head coach calls a time out.
 - 2. Head coach has rule book in hand, with rule location found.
 - 3. Head coach calls for the head official.
 - 4. Head coach discusses interpretation with head official.

5. If resolution can not be made, association representative should be found.
6. During a time out, half time, or end of quarter the rule in question should be discussed with the head official.

7. If no resolution has been made by this time, the officials name should be recorded, and the head coach should report his name to the BOD as soon as possible so arrangements can be made to discuss at the league meeting on Sunday.

Check-in is mandatory.

75#- 15 Minutes before scheduled game time.

105# to 145#- Between the 3rd and 4th quarter of the previous game.

If a player arrives late, they are ineligible until checked in with the opposing coach during the next quarter break up until the kickoff of the third quarter. Once check in is completed, no player can leave the field (plan restroom breaks accordingly).

If a player plays without being checked in, the head coach will face; ejection, 1 game suspension, and forfeiture of the game.

75lb Playing Rules

1. Ages are 5&6 years old, if a player does not turn (7) until after July 1st. Any player regardless of age weighing over 75.9lbs is considered a "dot" player and must play from tackle to tackle and will wear a 4-inch contrasting yellow circle on the rear of their helmet.
2. Approved ball type: Wilson K2 or equivalent:
3. High school rules will apply with the following exceptions.
 - 8 minute quarters. Normal game stoppages apply
 - Field length may be either 80 or 100 yards
4. 10 yard first downs
5. Penalties will be 5, 10, or 15 yards
6. NO kick offs, ball will be placed on the offensive teams 35 yard line on a 100 yard field, and the 30 yard line on an 80 yard field
7. NO punts, if the offensive coach opts to punt, the ball will be moved forward 20 yards. (NOTE: You cannot pin your opponent any deeper than the 20 yard line)
8. 2 coaches are allowed on the field, but this is optional. If 2 coaches are used, you are required to huddle with 1 coach while the other positions the line. Once huddle breaks 1 coach is required to be no closer than 10 yards behind the last player, and the other coach is to move outside of the hash marks. **NO** talking to players or coaching **once huddle breaks**, results in a 15 yard penalty.
9. Extra Point Attempts: play by high school rules from the 3 yard line.

10. Defensive tackles **are not** allowed to line up on the inside shoulder of the offensive guards (A-gap). NO NOSE GUARD. Defensive line must be in three (3) or four (4) point stance and linebackers must be 3 yards of the ball when the center snaps the ball.
11. The center is allowed to turn the ball for the snap at this age.
12. No QB sneak from under center.
13. After a safety is scored, the ball will be placed on the offensive team's 40 yard line on a 100 yard field, and the offensive team's 35 yard line on an 80 yard field.
14. "Dot" players may advance fumbles or interceptions. Only 5 Dot players are allowed on the field per team at one time.
15. Any "Dot" player that plays in the wrong position will result in a 10 yard penalty and a loss of down. **NOTE: NO WARNINGS!**
16. If a dot player is lined up outside the tackle box or the player is not in a 3-point stance when ball is snapped should be a dead ball foul with penalty of 10 yards and automatic first down, if against defense.

105lb Playing Rules

1. Ages are 8 years old (if player does not turn 9 years of age old until after July 1st). Any player playing on the 95.9lb weighing over the weight limit is considered a "DOT" player and must play from tackle to tackle and wear a four inch contrasting circle on the rear of their helmet
2. Approved ball type: Wilson K2 or equivalent 3. High School rules apply with the following exceptions:
 - 8 minute quarters normal clock.
 - Field length may be 80 or 100 yards
4. 10 yard first downs
5. Penalties will be 5, 10, or 15 yards
6. Kickoffs will be from mid-field
7. The center is allowed to turn the ball for the snap, but is not mandatory. The officials must be notified before the start of the game.
8. No punts, if the offensive coach opts to punt, the ball will be moved forward 20 yards. (NOTE: you cannot pin your opponent any deeper than the 20 yard line)

9. 1 coach is allowed on the field (offense and defense). Coaches must move back at least 5 yards behind deepest player. No talking or coaching once huddle breaks. 15 yard penalty
10. Extra point attempts: play by high school rules from the 3 yard line.
11. After a safety the ball will be kicked off from the 35 yard line
12. Defensive line must be in three (3) or four (4) point stance and linebackers must be 3 yards of the ball when the center snaps the ball.
13. "Dot" players may play in the front line of the kick off and receiving teams. No more than 5 Dot players on the field per team at one time. Dot players may advance fumbles, onside kicks, and interceptions
14. Any Dot player who plays in the wrong position will result in a 10 yard penalty and a loss of down. **NOTE: NO WARNINGS.**
15. If a dot player is lined up outside the tackle box or the player is not in a 3-point stance when ball is snapped should be a dead ball foul with penalty of 10 yards and automatic first down, if against defense.

125lb Playing Rules

1. Ages are 10 (if a player does not turn 11 years of age until after July 1st). Any player, regardless of age, weighing over 115.9lbs will be considered a "DOT" player and must play from tackle to tackle and will wear a 4 inch contrasting yellow circle on the rear of their helmet
2. Approved ball type: Wilson TDJ or equivalent 3. High school rules apply with the following exceptions:
 - 8 minute quarters normal clock
 - Field length may be 80 or 100 yards
4. 10 yard first downs
5. Penalties will be 5, 10, or 15 yards
6. No punts, if the offensive coach opts to punt, the ball will be moved forward 20 yards. (NOTE: you cannot pin your opponent any deeper than the 20 yard line) 10 second clock run off.
7. Extra point attempts: play by high school rules from the 3 yard line. Any mishandled snap is a loss of down. If the placeholder has to leave his position to retrieve the snap the play is ruled dead.

8. Defensive line must be in three (3) or four (4) point stance and 12U rules apply for blitzing linebackers.
9. "Dot" players may play on the front line of kickoff and receiving teams. No more than 5 "dot" players are allowed on the field per team at one time. "Dot" players may advance all fumbles, onside kicks, and interceptions.
10. Any "dot" player who plays in the wrong position will result in a 10 yard penalty and a loss of down. **NOTE: NO WARNINGS.**
11. "Dot" players may also kick and punt the ball.
12. If a dot player is lined up outside the tackle box or the player is not in a 3-point stance when ball is snapped should be a dead ball foul with penalty of 10 yards and automatic first down, if against defense.
13. Extra points, if kicked, and field goals will not be rushed, but defense is allowed to jump in an attempt to block the kick.

145lb Playing Rules

1. Ages are 11&12 years old (if a player does not turn 13 years old until after July 1st). Any player, regardless of age, weighing over 145lbs will be considered a "dot" player and must play from tackle to tackle and will wear a four inch contrasting circle sticker on the rear of their helmet.
2. Approved ball type: Wilson TDJ or equivalent
3. High school rules will apply with the following exceptions:
 - 8 minute quarters normal clock
 - Field length may be 80 or 100 yards
4. 10 yard first downs
5. Penalties will be 5, 10, or 15 yards
6. Option to punt. Ball is live at the snap, but dot players must still be down at line of scrimmage. Live return. If choice is to walk off, the ball will advance 20yds with a 10 second clock run off. The ball cannot be placed beyond the 20yd line.
7. Extra point attempts: play by high school rules. All extra point attempts from the 3 yard line. Ball is live from the snap. No one can line up over center. Mishandled snap is dead ball. If the place-holder has to leave his position to retrieve the snap the play is ruled dead.

8. "Dot" players may play on the front line of the kickoff and kick return teams. No more than 5 "dot" players per team are allowed on the field at one time. "Dot" players may advance all fumbles, onside kicks, and interceptions.
9. Any "dot" player who plays in the wrong position will result in a 10 yard penalty and a loss of down. **NOTE: NO WARNINGS.**
10. "Dot" players may also kickoff and punt.
11. If a dot player is lined up outside the tackle box or the player is not in a 3-point stance when ball is snapped should be a dead ball foul with penalty of 10 yards and automatic first down, if against defense.
12. Defensive players between the tackles do not have to be in a three (3) or four (4) point stance.
13. Offensive linemen may be in two (2) point stance as long as their hands are not above the knee.

NOTE: For any playing rules not covered refer to the Alabama High School Athletic Association Playing Rules.

11. Conduct

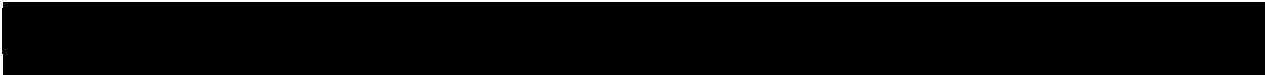
- A. Each Association is responsible for providing a safe, pleasant and trouble-free environment for visitors and teams.
- B. It may become necessary to take appropriate action if people violate rules, common sense or the law. UYFA reserves the right to ban any person or persons who endanger the safety of others participating in the program, or anyone that participates in behavior that is deemed otherwise inappropriate or detrimental to behavior that is deemed otherwise inappropriate or detrimental to any UYFA association.
- C. Any person guilty of assault is subject to automatic, immediate and indefinite suspension.
- D. UYFA has the authority to request assistance of law enforcement organizations or the courts, if necessary, to promote a safe environment.
- E. Two (2) ejections, upheld on appeal, in a season by a player, coach or spectator will result in the suspension of that player, coach or spectator for the remainder

of the season. Further action may also be taken at the discretion of the UYFA Board of Directors.

- F. Any coach, player, or official that has been asked to leave the sidelines for reasons of misconduct by a referee, league, and/or park official will be suspended for the next game. He/She cannot return to the sidelines nor have any other action taken until the case has been reviewed by the UYFA Board of Directors. All parties involved will be asked to attend the next scheduled UYFA meeting. Any misconduct by a coach, player, or official at any UYFA function will be reviewed by the UYFA Board of Directors and action may be taken.
- G. Fines that may occur, if not fulfilled, will result in cease of UYFA event participation.
- H. Appeals will be discussed and ruled by the BOD on the Sunday following the game the situation occurred.
- I. For a valid appeal the parties involved must be present.

Zero Tolerance Classification and Penalties

All Administrative Personnel, Coaches, Volunteers, and Participants are subject to disciplinary actions including, but not limited to, Permanent Suspension or Non-Renewal of Membership for violation of the Rules and Regulations and Terms of Service.



Class 1	Inappropriate verbal or non-verbal disrespectful behavior not covered in Class 2 or Class 3	Warning issued depending on severity	None
Class 2	Open disputing or arguing with the decision of an official, coach, administrator, spectator, or players Obscene or vulgar language or the use of a physical act which is vulgar or obscene Visual or verbal sign(s) of dissatisfaction with any official Coach, or administrator's decision Encouraging disrespectful or unsportsmanlike behavior in any Player, coach, official, administrator or spectator taunting or ridiculing of officials, coaches, Players, administrators, or spectators Throwing of any object directed at a person, in the playing area (including the sideline bench area), as to create a potential safety hazard Not stopping Zero Tolerance conduct once advised to do so	1st Violation Minimum suspension 1 game 2 games for those in official capacity (Board member, Coach, Referee, etc..) 2nd Violation suspension 2 games Removal of (Board member, Coach, Referee, etc.) from organization 3rd Violation Minimum 30 day suspension	\$100 \$200 \$300
Class 3	Complete loss of physical self control Physical violence, fighting, or physical contact Threats of any nature Any actions that require the use of third parties to control the situation		1 year minimum suspension

Amendments

All relevant Amendments have been absorbed into the permanent bylaws.



1.

2020 COVID-19 FOOTBALL & CHEERLEADING PROTOCOLS

GENERAL PROTOCOLS

1. Temperature checks will be administered to all players, cheerleaders and coaches upon entry into the game facility. Participants whose temperature is higher than 100.4 will not be allowed to participate.
 - Each park shall have a designated temperature check area.
 - Once a participant is temperature-checked, they will be issued a wristband (supplied by each park).
 - If a participant is not temperature-checked, they will not be allowed to participate.
2. Individuals should not share uniforms, towels and other apparel and equipment.
3. The multi-use items (e.g. balls, blocking pads, tackling dummies, etc.) should be cleaned and sanitized as recommended by the manufacturer.
4. Players, coaches, team personnel and game administration officials should wash and sanitize their hands as often as possible.
5. Do not enter the game facility if you are exhibiting any signs of illness such as sneezing, coughing, sniffles, have fever, or don't feel well.
6. Do not enter if you have recently tested positive for COVID-19 and have not been cleared or if you have had close contact with someone who has.
7. If you are repeatedly sneezing or coughing, you may be asked to immediately leave the premises.
8. All players, coaches, and spectators should practice responsible social distancing by remaining at least 6 ft. apart whenever possible.
9. All players and coaches should wear face coverings whenever applicable.

10. All spectators (including players/cheerleaders [outside of their game time], chaingangs, concession workers, etc.) should wear face coverings at all times.
11. Wash your hands and/or use hand sanitizer upon entrance, during the event, before and after you eat, and as you leave. Hand washing and hand sanitizer stations are provided.
12. Avoid touching your face including your eyes, nose, and mouth.
13. It is suggested that seniors or others with compromised immune systems not participate in or attend this event due to risk of infection.
14. If unsure about whether to attend or participate in practice due to possible symptoms OR exposure, it is recommended you contact your health care provider.

15. Those who have been exposed to COVID-19 (regardless of where the exposure occurred) should follow protocols set forth by the CDC, ADPH, and local health department.

GAME PLAY

1. Players must have their own water containers. There is NO sharing of water or other drinks, snacks, equipment, etc.
2. No handshakes during the coin toss, pregame and postgame.
3. Teams that are forced to miss games because of COVID-19 outbreaks will not receive a loss, but if it happens in the post season they will be eliminated. Healthy teams will be awarded victories when their opponent can not play because of an outbreak.
4. If unsure about whether to attend or participate in practice due to possible symptoms OR exposure, it is recommended you contact your health care provider.

QUARANTINE MEASURES

1. Requirements for a child to return to participation after a confirmed case of COVID19:
 - After confirmed test, they can return after:
 - A negative COVID-19 test and
 - 3 days with no fever, without taking medicines to lower a fever, like acetaminophen (Tylenol) or ibuprofen (Advil, Motrin), and
 - 3 days since symptoms have improved. The symptoms do not have to be completely better. The parent or guardian must show documentation of the child's negative test, for example, a copy of the test result or a message from the clinic or test site that the test was negative. This may be

- in electronic form. A separate doctor's note is not needed. This is usually the fastest way for a child to return.
2. Requirements for a child to return to participation after experiencing symptoms of COVID-19:
- If the child is not tested, they can return after:
 - 10 days have passed since symptoms first appeared and
 - 3 days since symptoms improved and
 - 3 days with no fever, without taking medicines to lower a fever, like acetaminophen (Tylenol) or ibuprofen (Advil or Motrin)



2020 UYFA COVID-19 Wavier

I acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing.

I further acknowledge that United Youth Football of Alabama (UYFA) has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19.

I further acknowledge that UYFA cannot guarantee that I/my child will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others.

I am voluntarily choosing to allow my child to participate in the UYFA 2020 season and acknowledge that I am potentially increasing my risk to exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread while attending my appointment.

If my child becomes infected with Coronavirus/COVID-19 (confirmed by a positive test result), I understand this is my responsibility to notify my park president with 24 hours of receiving the results of the test.

I hereby release and agree to hold UYFA harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself

and/or property that may be caused by any act, or failure to act of UYFA, or that may otherwise arise in any way in connection with any services received from UYFA. I understand that this release discharges UYFA from any liability or claim that I, my heirs, or any personal representatives may have against UYFA with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any events hosted by UYFA. This liability waiver and release extends to the league together with all parks, partners, and participants.

Parent/Guardian Signature

Child 1

Child 2

Child 3

Date

Child 4

Child 5